

Fall 2022

Dear Parent or Guardian,

We are happy to announce that counseling services with Sinnissippi Centers are available at your student's school this year. We know many students are struggling with increased depression and anxiety related to the stress or the past several years. Getting to office appointments can be challenging. We hope that having a behavioral health counselor at school makes it easier to get connected and stay involved with services.

Students become clients of Sinnissippi Centers and require parental permission. Applicable fees may apply. Family involvement is encouraged and afterschool appointments are available.

If your child is already a client with Sinnissippi Centers, they can be seen at school for additional support in cooperation with their current counselor.

Please contact the counselor at your child's school with any questions or to arrange for your student to meet with Sinnissippi's counselor. You may also reach out directly to Cathy Overbeck at <u>cathyoverbeck@sinnissippi.com</u>

It is our goal to offer social and emotional support to your child to help him or her succeed in all areas of their life. Thank you!

The Staff of Sinnissippi Centers School-based Counseling Program 24 hour contact number at 800-242-7642