

MWAH! Student/Parent Presentation - Nov. 2

At the beginning of this school year, Mr. Gosch met with a couple students to discuss the school's response when we have lost students to suicide as well as other topics that our students face. The students then discussed finding a presenter that was close in age that could talk with our students. On Tuesday, November 2, FHS will be welcoming Landon Ballard of the performing group "MWAH!" Here is a quick summary of topics that Landon will cover (from MWAH!'s website: www.mwah.net):

"Landon Ballard knows what it's like to face obstacles—and overcome them. Landon, a Rockford native, joined the MWAH! (Messages Which Are Hopeful!) Performing Arts Troupe at age 12 in 2011 after the troupe delivered a live performance at a high school in Champaign, Illinois. As a teenager in MWAH!, he performed in live skits and songs focused on such topics as depression, mental health, bullying, racism, and substance abuse at schools across Illinois."

The students also discussed having this presenter talk to parents about how they can help their child if they are facing some of these issues. **The parent presentation will be at 5:30pm on November 2!** Location will be announced at a later date. All parents/guardians and students are welcome to attend!

Veterans Day Ceremony - November 11!

Key Club will be hosting a Veterans Day Ceremony from 2:30 to 3:00 on Thursday, November 11, in the East Gym. All veterans and community members are welcome to attend!

P/T Conferences @ FHS

Parent-Teacher conferences at FHS will be slightly different than RBMS and FES. FHS P/T conferences will be from 2:00 - 5:00 on 11/4 and from 8:00am to 1:00pm on 11/5. Schedules and P/T conference requests will be sent out next week. The 2 hours missing from 11/4 will be used in the Spring to host an FHS Open House with all staff.

FHS Update - October 22, 2021



Upcoming Dates

11/2 - Landon Ballard Presentation
11/11 - Veterans Day Ceremony - 2:30 East Gym
11/24 - 11/26 - Thanksgiving Break
12/17 - End of 1st Semester

Not Feeling Well? Stay Home!

In most positive cases that we have seen, students develop one or two mild symptoms (slight sore throat, slight runny nose) then a couple days later it has developed into more moderate or severe symptoms. If your child is not feeling well, please keep them home!

Introducing The Central Bank Steamer Suite!

Support and watch your Steamers like never before! Central Bank has sponsored the recently renovated room that overlooks the East Gym. The Central Bank Steamer Suite gives our Business and Culinary Arts students the opportunity to for an authentic work experience by catering home events. Business students will finalize the details of reservation requests while Culinary Arts students provide the cooking! The winter sports season is quickly approaching. Reserve today!



To reserve The Central Bank Steamer Suite and see pricing information, please click the following link:

<https://forms.gle/cScG5TSGrgbGAUZWA>

All money generated will be reinvested in our students!